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(album art "Tears Of Gaia")



(album art "Tracks")



(album art "Three Word Poems")

About THE LAB

To satisfy their growing need for freedom and space for the creative process, pianist **Marc Mennigmann** and drummer **Sven Kosakowski** gave birth to a unique place: THE LAB. An excellent studio for live recordings in the centre of Germany. At this place, they can create art while ignoring any rules of the music business.

The main purpose of THE LAB is to connect to other musicians and to play and record intuitive music. Sven and Marc invite other musicians to jam, to play **freely and let creativity and collective inspiration do it's thing**. With every bar and note they play, they follow the universal musical approach of Peter Erskine who said:
"Don't play what you know, play what you don't know."

All sessions are recorded and reviewed for releasable material. Only the magic moments are selected and prepared for release. Mixing, mastering, doing the artwork, videos, whatever, it is all in the hands of the artists.

THE LAB's first predecessor project was "SAM" in 2012 with guest artist Julie Slick of the Adrian Belew Power Trio. The next evolution was "NOTOPIA" in 2015. Guest artists were Mike Keneally (Frank Zappa, Joe Satriani, Steve Vai) and prog rock legend Peter Hammill. These sessions resulted in three albums called "Another Life", "Yet Another Life" and finally "Celebrating Life".

All of these projects and recordings are made ignoring the usual rules of the music business. It is not about money and fame; it is about the moment and the art.



THE LAB Releases:

Three Word Poems (2018)
Tracks (2019)
Tears Of Gaia EP (2019)

Tips For Playing:

Tears Of Gaia

Trinity Track
(#5 on Tracks)

Life, you know?
(#9 on Three Word Poems)